

Sheboygan Senior Community Newsletter



Issue 2, Week of July 4, 2016

3505 County Rd Y, Sheboygan, WI 53083

Bake Sale

Willow Lane is going to be hosting a bake sale! All profits made will be going toward purchasing chairs and tables for the property and courtyards! All Willow residents are encouraged to participate along with family, friends and staff.

We will need baked items by:

Tuesday, July 12

The bake sale itself is on
Wednesday, July 13 from
10am-7pm



If you see these residents,

please wish them a

Happy Birthday!

Resident Birthdays

1st- HARRIET JENSEN

3rd- GEORGE ISKEN

6th- GARY THURSTON

14th- JUNE COLE

18th- GARY BAKER

26th- BARBARA PELKIN



happy
birthday

Activities

Special Events This Month

Tuesday, July 5th 10:30am: Firework Craft – *Maple Dining Room*

Thursday, July 7th 2:00pm: “Ducky” Bingo with special guest caller – *Tree of Life*

Friday, July 8th 2:00pm: Social Hour – *Oak Dining Room*

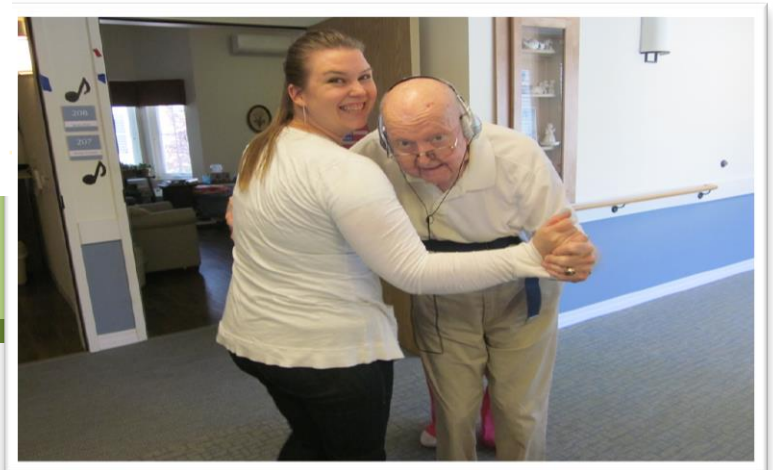
Monday, July 11th 2:30pm: Steve and Kathleen Music Program – *Tree of Life*

Wednesday, July 13th 6:30pm: Rich Baumann Entertainment – *Tree of Life*



Resident Spotlight

Thomas Seymour



Tom attended Colorado College in Colorado Springs and graduated with a degree in economics. While living in Colorado, he found a passion for skiing. Tom enjoyed helping people who were just starting out skiing by giving them pointers. His wife and daughter even went on to teach little kids how to ski. Through skiing, he met many interesting people from all over the world. One of those people was Stein Erickson, a gold medal winner in the Olympics, and Tom became good friends with him. Erickson has a lodge named after him in Deer Valley Resort in Utah right outside of Salt Lake City that is still in operation today.

After college, Tom worked for his uncle at an automobile company in Detroit until his uncle sold the business. Then, he worked at Outlook Graphics out of Appleton where he traveled a lot. Tom had been working on a side project and wanted to show people at work the idea. After a good deal of research and discussion it only took about a week to get the ball rolling on the now infamous game, *Trivial Pursuit*. They first started marketing it locally in the Appleton, Menasha and Green Bay area and it took off. There was such a demand, that they had to hire rapidly. At first, the company started with 7 or 8 people. By the time Tom retired, it was up to 1,100 people. No doubt, a success in every way.

Spotlights

Germaine Jacoby

Germaine was one of our Hickory Hills Rehabilitation graduates this month and really enjoyed her time here. This was her second time in our rehab center. She first was in the old building when she had a total knee replacement. Germaine noticed how the new building has drastically improved from the old one and thought it was a really nice place. She also thought that the food we have was very good and felt that the nursing staff was very friendly. Germaine really enjoyed the activities we had especially bingo, which she like playing a few times a week. “If I had to, I would choose this place again!” – GJ



Benefits of Clay Sculpting

A few weeks ago we had some residents make their own sculpting clay and they sure had some fun doing it. Not only is making your own clay fun, but it also has many health benefits too. It is easy to make and all of the ingredients to make the clay can be found in your own kitchen. Here are some of the benefits of clay sculpting:

- **Reducing boredom.** Clay Sculpting is a recreational activity and offers a fun and fulfilling way to spend free time.
- **Improving physical/motor skills.** Creating sculpting clay helps benefit coordination through small, purposeful movements, leading to less pain and even an enhanced immune system.
- **Decreasing stress and depression.** Tapping into the emotions needed to create the clay allows for open expression of feelings, helping to relieve stress, anxiety and confusion.

Employee Spotlight

Lori Grohman - CNA

Lori first wanted to be a CNA when she was going through nursing school and loved the experience. She has been working at Sheboygan Senior Community for 15 years now. The reason she first wanted to work here was because while she was interviewing and training, everyone was so welcoming and helpful. She felt like she was treated really well and that this place didn't feel like other healthcare facilities. That's what she was looking for. Her favorite part about her job is the residents. She feels honored to be able to take care of residents and learn about their lives. She mentioned that she learns something new every day from the residents. While Lori is not working, she enjoys camping, hiking and baking. In fact, residents often look forward to her baked goods and she will bring in special treats on birthdays for them to enjoy. One interesting fact about Lori is that she used to raise and breed reptiles. One of the biggest snakes that she bred got to be 19 feet long! We applaud Lori for her exceptional care.