

Sheboygan Senior Community

Short Term Rehab • Assisted Living
Skilled Nursing Care



November 2017

3505 County Rd Y | Sheboygan WI 53083

(920) 458-2137

sheboyganseniorcommunity.com

Resident Birthdays



- 11/05 Catherine Ehren – Maple
- 11/07 Mary Berce – Hickory
- 11/11 Dorothy TerMaat – Maple
- 11/11 Dale Thompson – Willow
- 11/15 Marlene Thompson – Willow
- 11/15 Elaine Habermann – Willow
- 11/22 Ilse Muehleis – Willow

Staff Birthdays

- 11/01 Kendra Roy, Melissa Thiel
- 11/02 Joyce Shaffer
- 11/04 Michael Roeder, Marie Wiesner
- 11/10 Tina Kramer, Debra Taylor
- 11/12 Wendi Biever, Nancy Yang
- 11/14 Paul Treffert
- 11/15 Jean Fuller
- 11/26 Panhia Yang
- 11/28 Karen McClaffin
- 11/29 Marc Hankins, Nikki Michaels, Chris Lockwood
- 11/30 Dana Elmzen



November Activities

- November 10 – 2:00pm – Jack Borkenhagen Piano Music – TOL
- November 13 – 1:00pm – Barber – Cypress Salon
- November 13 – 2:00pm – Fall Art Open Studio – Maple D.R.
- November 17 – 2:00pm – Saddletramps Country Music – TOL
- November 19 – Afternoon – Milly & Marley Visits
- November 20 – 2:00pm – Concert in the Café/Hot Cider – TOL & Café
- November 21 – 2:00pm – A Sharp & A Flat Western Music – TOL
- November 23 – 9:00am – Macy's Thanksgiving Parade – Channel 4
- November 24 – 2:00pm – Meet Me in the Kitchen – Maple D.R.
- November 24 – 2:30pm – Reminiscing Holiday Traditions – Willow D.R.
- November 27 – Afternoon – Deck the Halls for Christmas



Ask about our new program – Nifty Nails: weekly manicures for residents



Holiday Room Reservations



Reserve a room for the holidays today! *Private Dining Rooms, Tree of Life, and the Gallery* are all available for reservation during the Holidays. Reservations are on a first come first serve basis, but we will do our best to accommodate all requests. Contact Life Enrichment Director, Melissa T., to make reservations (920) 458-2137 ext. 710.



From the Desk of Paul Treffert

I hope this edition of our monthly newsletter finds everyone warm, safe, and happy. As we head into the home stretch of 2017, I am very excited about the relationships that Sheboygan Senior Community is building across Greater Sheboygan County. As I have said countless times already, being a good neighbor and partnering with area service professionals is one of our highest priorities, so seeing that in action always makes my day.

The most recent example of our outreach and partnering was the very successful iAutism event a few weeks ago, which I feel like we have been talking about for months. Watching a collaboration between Kiwanis, RCS Empowers, Weill Center, Treffert Center (in Fond du Lac), and SSC transform from an idea to an actual event was remarkably gratifying. I was also struck by the amount and variety of valuable silent auction items that were so generously donated by a host of area businesses and individuals. (I was less excited that my daughter learned that night how much she loves silent auctions, so we drove home with a trunk full of items that are all very nice, but I didn't know we needed.)

In all, we raised well over \$7,000, which is enough to buy 16 iPads and specialized applications for autistic children. But more than the money raised; meeting several parents of children with autism and creating the chance for them to meet Dr. Darold Treffert and hear him speak about the challenges of raising an autistic child was what made everything worthwhile. One more thank you to Stephanie and Dana for the tremendous work they did in making this whole thing happen.

I am also very excited about our recent discussions with Sheboygan South High School and Kohler Public Schools about creating employment and training opportunities for their students with an interest in health care. And...(drum roll please)...we have submitted our license request to create a Certified Nursing Assistant training program here at SSC – led by our Staff Development Director, Jill Hand and Director of Nursing, Lisa Hill. This will be a huge step forward in tackling the challenges of finding the very best caregivers for our residents. We will keep you posted as we move forward.

I have whined before that I am not a big fan of November because it gets dark so early, but it is also the month of Thanksgiving. I know I have much to be thankful for – I hope everyone reading this does as well. Among the things I am most thankful for is that I get to make my living and provide for my family in the service of others. On a very related note, I get to work with people who I respect immensely for their compassion, dedication, and work ethic. I get to meet and befriend residents and their families, and learn their fascinating life stories. I consider these people my friends and I look forward to seeing them every day. Not everyone can honestly say that.

In last year's Novembers newsletter, I referenced "Giving Tuesday" as a way to encourage people to remember that SSC is a faith-based, charitable not-for-profit and consider making a gift to our Foundation as we enter the Holiday Season. In 2017 we made big strides towards getting the word out that we rely on the financial support of our community and donors to provide for our residents and to ensure our future. So if you are thankful for the care and services we provide to your loved one every day, please consider a charitable, tax-deductible donation to the SSC Foundation. A big "thank you" to everyone who already made a gift this year. We appreciate your generosity and thoughtfulness very much.

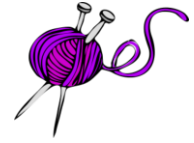
Peace!!

Paul T.



Janet Polster

*(with Grand-daughter and
Great Grandson)*



Janet Polster was born at Bellin Memorial Hospital in Green Bay, but she grew up in Forest Junction, Wisconsin. She had one younger brother, and the family lived on a cattle & livestock farm. Her daily chores included feeding the calves and other livestock, washing out the milk containers, providing hay for the horses, and her MOST favorite job of all: feeding the chickens! Well, that's not entirely true. Janet hated the chicken coop; there was something about all the feathers and the roosters that creeped her out. She recalls her brother shooting at various

wild birds, then chasing her around the yard carrying the dead birds in his arms. To this very day, Janet does not find sitting near the aviary in the Tree of Life room to be most relaxing spot.

One of her favorite memories is the year she was to show her calf at the Calumet County Fair. The local joke was that the calf actually showed *HER*! While practicing on their home's gravel driveway, the calf became spooked and dragged her some distance while her arm was entangled in his rope. She was pretty scraped up, but Janet still showed the calf at the fair the very next day. She was awarded a Blue Ribbon, and the other kids continued to remark that the calf showed Janet, not the other way around!! Back then, children made their own kind of fun around the farm. Janet and her brother would romp around the creek that ran through the backyard on a warm summer day or they would make a slide from hay and drop themselves twelve or more feet from the hay loft attic. She still giggles and her eyes twinkle as she tells these stories.

Janet started school at the age of 4 at Forest Junction Elementary, and then completed her High School education at Brillion High School. She was unable to participate in the traditional extra-curricular activities after her father was in a car accident that damaged many of his chest muscles. Janet and her brother were now in charge of milking, working the fields and feeding the livestock. The highlight of her week would be the Brillion/Chilton basketball games held in February and March. Luckily her mother LOVED basketball, so the family would faithfully attend the tournaments held at the local high school gym.

After high school graduation in 1949, Janet enrolled at The Sheboygan Business College where she took Math and Accounting courses. Her newly learned skills landed her a job as the Payroll Clerk at Hart Carter (now known as Tecumseh) in New Holstein, WI. She remembers using a machine that had a normal size keyboard to type, but the cartridge was extra long to accommodate the payroll journals that would recap hourly wages, hours worked, sick pay, benefits, etc. Eleven years later, and as technology advanced, she was replaced by another clerk who had knowledge of the new techniques.

While working at Hart Carter, Janet met her husband Louis. The workers would gather outside during breaks or while waiting for their rides home where they would share the day's events and juicy gossip. One day while sitting under the "Old Oak Tree", Janet met Louis and the rest is history. Mr. and Mrs. Louis Polster had two daughters, Jayne and Cinda. Where did the name Cinda come from? Well, her husband wanted to name their baby Cindy Lou, but Janet was not in love with the name. So one evening when Louis was on the road driving for Kohler, Janet turned on the Miss Teenage America pageant. One contestant's name was Cinda, and at that moment she knew that was the perfect name for her new baby girl. Janet now has 5 grandchildren and one great-grandson.

One thing many people don't know about Janet is she once did quite a bit of knitting. From sweaters, caps, mittens, and yes, even ponchos. Janet and Louis were HUGE country music fans, and through the years became close friends with **Whispering Bill Anderson**, a country singer who opened for Johnny Cash. One year when the girls came along to the concert, Bill noticed the lovely ponchos the girls were wearing. Janet ended up knitting ponchos for Bill's wife and other Band members' daughters. So the Janet Polster Ponchos can be seen from here to Nashville, Tennessee. One wish Janet has on her Bucket List is to see Whispering Bill Anderson one more time.

Janet would also like to see each of her grandchildren graduate from Howards Grove High School. She loves her family to the moon and back! Janet is so happy in her new home. She loves the private room, the great food, and the love and compassion the nursing staff give her. We are so happy to have you in our SSC family! We are a very close **KNIT** group.



Staff Spotlight – Evan Nemecek, RA

A native of Sheboygan Falls, Evan is one of three boys. He attended both Sheboygan Falls Elementary and High School. While a S.F. Falcon, Evan participated in Musicals, Forensics, Public Speaking, DECCA, and various government clubs. He joined the cross country team for a short spell until he tragically ran down a rocky incline and broke his leg. While transitioning from crutches to a boot, he earned the nickname “Penguin.”

Evan originally chose U.W. Stout to pursue a career in Journalism. Unfortunately, Stout only offered it as a minor, so he elected to work on a Business Marketing and Sales major with Property Management and Retail Fashion as his minor. In order to finance a desire to study abroad, Evan worked long hours in the evening and weekends at Macy’s Department Store. His other responsibilities also included: Freshman coordinator, Blue Devil Ambassador, and a member of the American Marketing Association and Hospitality groups. His trip abroad covered 8 countries and 34 cities in 5 weeks time. He was able to experience the beauty of Germany, Austria, Portugal, France, Switzerland, Hungary, Slovakia, Iceland, Greenland, and Greece.

Evan LOVES to shop, travel, and attend music concerts on his time off. His bucket list includes a trip to Las Vegas and furthering his dreams of doing things that bring him happiness and fulfillment.

The residents in Willow LOVE Evan’s energy and helpful demeanor. He says the thing he likes most about his job is that “every day is new, no two days are alike.” The Willow staff is very close group, and they support one another in their work efforts and personal lives as well.



Welcome to the TEAM

| | | |
|------------|-----------------|-----------------|
| 10/5/2017 | Melanie Becker | LPN |
| 10/8/2017 | Marie Hanson | RA |
| 10/12/2017 | Denisa Boy | RA |
| 10/17/2017 | Luke Yang | Dining Services |
| 10/26/2017 | Desiree Everett | RA |
| 10/26/2017 | Joan Diaz | Laundry |

Staff Anniversaries

| | | |
|-------------|-----------------|------------|
| November 13 | Cathy Wenninger | 3 years |
| November 18 | Alexis Heckert | 1 year |
| November 29 | Sue Erickson | 35 years!! |



Sign Up to Volunteer Today!

Sheboygan Senior Community is always looking to grow our family of volunteers. Available positions include, but are not limited to: 1:1 visits, playing cards, helping with Bingo, resident companionship, crafts, leading exercise, facilitating games, and more! If you or someone you know is interested in a rewarding volunteer experience call Life Enrichment Director Melissa T. (920) 458-2137 ext. 710.

We asked some of our residents what they are thankful for this holiday season...

“Being alive and being well. And my family; they are healthy and working! And for the weather, it is not snowing.” – Elaine B.

“For my life in general, and family.” – Germaine F.

“My health.” – Jeannette R.

“Thankful I’m 85. Not everyone gets there anymore” – Bob A.

“Happy to be alive.” – Joan S.

“For still being here.” – Irene S.

“Be here to play Bingo.” – Toni H.

“Be here [for Bingo].” Doris P.

Happy Thanksgiving from the Sheboygan Senior Community family!