

# Sheboygan Senior Community

Short Term Rehab • Assisted Living  
Skilled Nursing Care



**August 2017**

3505 County Road Y  
Sheboygan, WI 53083

## Resident Birthdays



August 18 Justine Emnott  
August 20 Shirley Bentley  
August 20 Barbara Crocker  
August 27 Jack Tieman



## Special Upcoming August Events

August 12 – 10:30am – *Humane Society Pet Visit* – TOL  
August 14 – 2:30pm – *Steve & Kathleen Music Program* – TOL  
August 18 – 2:00pm – *Story of Sheboygan – Part 2* – TOL  
August 19 – *Ask for a ride to the Aviary for the Bird Buzz* – TOL  
August 21 – 2:00pm – *Francis Rank Piano Waltzes and Polkas* – TOL  
August 25 – 2:00pm – *Happy Hour with Jack Borkenhagen* – TOL  
August 26 – 11am-2pm – *Remember when? 25¢ ice cream cones* – Café  
August 28 – 2:00pm – *Concert in the Café with Root Beer floats* – Café  
August 31 – 10:30am – *Arts & Crafts Class* – Maple Dining Room

**\*Please let staff know if you'd like a ride around the pond or to get outside. We will do our best to accommodate every request.\***



## Staff Birthdays

08/01 Lisa Jawort  
08/05 Amanda Fernandez  
Brenda Kiefer  
08/06 Emma Mersberger  
08/07 Sue Erickson  
08/11 Bridget Roethke  
08/12 Deb Kramer  
08/16 Makayla Tomlinson  
08/19 Sara Gardner  
08/24 Randy Lawrence  
Maryann Yekenewicz  
08/26 Judy Kurer  
08/27 Dianne Conrardy  
08/28 Kara Hoffman

## Staff Anniversaries

8/06 Marisa Graff 2 years  
8/11 Bonita Priebe 1 year  
8/15 Lisa Hill 1 year  
8/18 Brenda Kiefer 8 years  
8/20 Heather Herziger 2 years  
8/20 Cinthia Morga 2 years  
8/26 Amanda Fernandez 3 years  
8/26 Brittany Schaller 1 year



## Important Upcoming Dates

**Thursday, August 24:** Founder's Club Open House 4-6pm

**Tuesday, August 29:** Bake Sale for our Walk to End Alzheimer's Team – all day

**Wednesday, August 30:** Bake Sale Day 2

**Saturday, September 9:** Walk to End Alzheimer's at Evergreen Park

*From the Desk of Paul Treffert*

Greetings!!!

I hope everyone is having a great summer. I have enjoyed doing some traveling and seeing a lot of outdoor music, which is one of my favorite summer activities. My daughter, Emily, even had an unexpected opportunity to sing with a band at Summerfest, which was a huge highlight for both of us. But I noticed the other evening that it is already starting to get dark earlier than it was just a few weeks ago, and the Packers played this week, so I guess fall is coming whether I want it to or not. Someday the arrival of autumn will mean that we will have trees aplenty in The Orchard, but I don't think we will be there this year.

In last month's newsletter, I talked about Jim Houwers, our outgoing Board President, and noted that he is a very active member of St. Luke's Church. In the early 1960's, Pastor T. Parry Jones led a group of dedicated St. Luke's parishioners to found The Sheboygan Home for the Aged, which has since grown and evolved into Sheboygan Senior Community. A few weeks ago I was invited by St. Luke's current pastor (and SSC board member), Cindy Thompson, to speak to their congregation. The timing of my visit was excellent, because the theme for that week's service was 'legacy'. I was honored to be able to convey how important our relationship with St. Luke's is to us here at SSC, and included in the legacy of their church, is the care that we have provided to thousands of Sheboygan residents over the years. As part of the relationship with St. Luke's, SSC is now sponsoring Church of the Air, which is the broadcast of the weekly St. Luke's church service on WHBL (1330AM and 101.5FM) at 9am every Sunday.

Speaking of legacy, I would also like to take a moment to wish a happy retirement and fond farewell to Patty Twohig, RN, who is retiring after 20 years of service here at SSC. Patty started with us as a PM Supervisor and then supervised the Assisted Living in our 6-story building on 6<sup>th</sup> Street downtown for several years. Most recently, Patty has been one of our MDS Coordinators (Sue Erickson is our other MDS Coordinator). MDS stands for Minimum Data Set, which is where clinical needs, federal regulations, reimbursement, and good nursing practice all intersect. So to be an effective MDS Coordinator, you have to be well-versed in a number of complex concepts, starting with being a top-notch RN, which Patty has been for her entire career. Please join me in thanking Patty for her years of dedicated service to our residents and co-workers. Enjoy your retirement, Patty. You will be missed here very much.

I also want to give a 'shout out' to Doris Theune, who has ended her long tenure as a member of our Board of Directors and did a great job serving as our Board Secretary for several years. Thankfully for us, Doris will still be a valuable member of the SSC family because she continues in her primary role as Nurse Practitioner for many of our residents. When I asked our clinical staff for their feedback about working with Doris, I received many overwhelmingly positive comments, but this one seemed to summarize her role especially well: *Doris is always a joy to work with. She is receptive, accommodating, exceedingly kind, and excellent with her patients! She also keeps the nurses' sweet tooth (teeth??) at bay while raising funds for a mission trip. Her smile and box of Seroogy's chocolate bars are always a welcome sight!!* Thank you, Doris, for all you have done and continue to do for SSC residents and staff.

That's about enough for now. Enjoy what's left of summer!

Peace!!

Paul T.

*Another "Quick" Tidbit from Paul –*

We started doing monthly newsletters just over a year ago, and Dana graciously allows me a page to ramble on about whatever is on my mind at the time. I have gotten occasional feedback about various pieces I have written, but have never gotten nearly as much response as I did about last month's article regarding the pending Medicaid cuts and the impact it would have on SSC and thousands of senior care providers across the country. We even submitted an edited version as a Letter to the Editor, and it was picked up by several area newspapers, including the Sheboygan Press.

As I said then, I strongly encourage everyone reading this to take a few minutes to call Senators Baldwin and Johnson to share your thoughts about how these cuts will affect your loved ones here at SSC and by extension, the families who trust us to care for them.

So if you have not already called, or felt so good about calling last time that you can't wait to do it again, please dial this **toll-free number: 866-460-6413**. You will be prompted to enter your zip code to get connected to your Senators. Let them know your concerns about the place your loved one now calls home.

And while you are at it, please call the office of **Representative Glenn Grothman at 920-907-0624**. I just called his office and spoke to a real, live person, who could not have been more gracious and attentive as I shared my opinion about the proposed cuts.

It is easy to be jaded and cynical about the state of politics today, but we have to remember that they work for us. Your voice counts. Please let it be heard on this very important topic.



**Betty Puksich**

*Sweet home Alabama*, where personalities are larger than life, and that certainly includes **Betty Ruth Puksich**. Born in Henry County, Alabama near Dothan, Betty is the youngest of four children. Her father was a farmer by trade and they grew cotton, peanuts, walnuts, pecans, corn, oats, peaches, watermelon and cantaloupe. As you might guess, food was never in short supply in their home. Young Betty wasn't asked to help with the crops or harvest, so she spent a good part of her childhood days playing. Her fondest memory was when her brothers and cousin asked her to play "cowboys and Indians" with them. Betty loved to dress up in her cowgirl outfit complete with holster, hat, boots and guns. Her oldest brother always made her the first to die and never allowed her to come back to life until their antics were over.

Reading has been a favorite past-time from a very early age. In first grade, the teacher wanted to advance her to second grade because her reading skills were quite remarkable. Playing the guitar and singing are two other talents Betty has. Her mother begged her to audition for WOOF-FM Opryland Radio to yodel and sing on live radio. Betty agreed to practice her hardest. However, their family hound dog DID NOT enjoy her practice sessions much, because he would howl and hoot every time she started her yodeling. Betty got the opportunity to sing on the radio, but she did not really enjoy it. The experience did give her confidence for future endeavors, though.

Betty completed her junior year of high school when a handsome medic in the U.S. Navy stole her heart. The first time Betty met John's mother, she explained that any young lady her son marries MUST be a Catholic. Betty dashed to the local Catholic parish office and started her Catholicism classes on the spot. Shortly thereafter, John proposed to Betty and they were married when she was just 16 years old. The young Puksich couple had four children: one son and three daughters. John worked for the Journal once he was out of the Navy, and then eventually took a job with the Sheboygan Press. At the very early age of 48, John died of a massive heart attack in his sleep.

In order to provide for her children, Betty was determined to complete her GED, and then obtain her LPN degree. Well, determined Betty Puksich did just that. She earned her GED in two weeks and went on to Lakeshore Technical College to become an LPN. Betty worked for the Comprehensive Health Center – Waldo branch for 15 years. The center cared for those suffering or recovering from addictions.

Betty would love to take a trip to Ireland someday, but if that doesn't happen, she will continue to smile and give thanks for the full life she has lived. In Betty's spare time, she listens to audio books and tinkers with her adult coloring books. If you have the opportunity, stop in room 303 and take a look at the beautiful pieces of art she has colored so far. They are truly amazing. On my best day I could not compete with her. She has a keen eye for color choice, detail and precision. Step aside Da Vinci, Van Gogh and Warhol! When asked how she likes her life today, she said: they bathe me, my clothes are clean and fresh daily, I get three wonderful meals, of which I don't have to cook... What more could I ask?

**THIS IS MY HOME! Sweet Home Sheboygan Senior Community!**



## Staff Spotlight – Lora Bruns

Give me an “L” – L! Give me an “O” – O! Give me an “R” – R! Give me an “A” – A! What does that spell? LORA!! Lora Bruns is an Environmental Service Attendant in Willow Lane. She was a cheerleader at Sheboygan Falls High School and today she spreads CHEER amongst all of the residents here at SSC. *Definition of cheerleader: promoting spirit, someone who enthusiastically promotes and supports a cause or a team.* Even though her primary responsibilities involve a broom, a mop or a pail, the professional tools Lora possesses have created an uplifting spirit and love for life. Her joy is contagious. You will want what she has.

Lora was born and raised in the Sheboygan area. She attended Washington Elementary School, then Sheboygan Falls Middle School and finally Sheboygan Falls High School. She was a straight-A student throughout her secondary school years and a Varsity cheerleader for the S.F. Falcons. While a senior in high school, she obtained her CNA license. After graduation, she worked as a CNA at Meadowview Manor for 3 years.

Her life took a new twist when her son, Nicholas was born. In order to devote more time to Nick, she accepted a position at the Sleep Inn doing housekeeping, and later worked at Advanced Maintenance Solutions for 3 years. With her CNA experience and her LOVE for seniors, she accepted a position with us four months ago. Even though she once had a CNA license, her current position allows her the freedom to interact with the residents more. She frequently helps out transporting residents to activities and entertainment programs.

One resident in particular has become Lora’s “sidekick.” Connie Brown and Lora are inseparable! Connie anxiously awaits Lora’s arrival; they make the bed, dust and chat like two school girls. It is the highlight of Connie’s day, but let me tell you, Connie is the highlight of Lora’s day too. It’s not uncommon to see them having lunch together. Lora cannot imagine being anywhere else but here. She loves the residents and thinks the staff is amazing. “I actually look forward to going to work each day...” and she sincerely means that!

Lora has a dog, Patches and a cat, Charlie. She loves to walk her dog, attend Nicholas’ baseball games, hike and workout at the gym. Lora is recently engaged to a young man, Josh and they are planning for a fall wedding in the near future. On her bucket list is a trip to Guyana, South America where her grandmother was born and raised. She would love to learn more about her family heritage and spend some quality time with grandmother as she recalls old family events. Sheboygan Senior is blessed to have Lora as our head cheerleader.

## Welcome to the TEAM

7/11/17	Kristie Ahlborg - RN
7/11/17	Karen Fry - CNA
7/20/17	Morgan Weimann - CNA
7/25/17	Tom Brown - Custodian

## WALK TO END ALZHEIMER’S – 2017

SSC will be participating in the Walk to End Alzheimer’s in Sheboygan County for the second year in a row on Saturday, September 9. To make this our most successful year, we need your help!

### Ways to get involved:

- Sign up to walk with the SSC team
- Donate to the SSC team (go to [http://act.alz.org/site/TR/Walk2017/WI-SoutheasternWisconsin?pg=entry&fr\\_id=10228](http://act.alz.org/site/TR/Walk2017/WI-SoutheasternWisconsin?pg=entry&fr_id=10228) and search for Sheboygan Senior Community)
- Donate baked goods for our bake sale on Tuesday, August 29 and Wednesday, August 30
- Purchase baked goods at the bake sale
- Purchase food from Café Redwood from September 2-8 and all proceeds will go toward reaching our team goal
- Participate in our ‘Dress Down Day’. Donate an amount of your choice and you get to wear jeans on Thursday, September 7<sup>th</sup>. Donations can be brought to Dana.

*If you have any questions, please reach out to Dana Elmzen in the Life Enrichment office.*

## 2<sup>nd</sup> YEAR CELEBRATION

We’re inviting all residents and their families to Sheboygan Senior Community’s 2<sup>nd</sup> Year Celebration. On Saturday, September 9 from 1:30-4pm we will be celebrating two years in our new building. We will have live entertainment from Johnny Dough from 1:30-2:30pm, face painting, a photo booth, cake, ice cream, drinks and more! Our new therapy company, Aegis will be here to give tours and will be hosting a raffle as well!

Please RSVP to the receptionist by Friday, September 1 with how many people will be in attendance.

We hope to see you all there!